

Foundations of Infant and Early Childhood Mental Health (Colorado Foundations)

sponsored by the
Colorado Jewish ECE Initiative



This eight module training series is intended for the early childhood workforce, which includes educators working with infants, toddlers or preschool aged children and is unique in its ability to promote a shared understanding and common language of infant and early childhood mental health principles. *Colorado Foundations* was developed by the Colorado Association for Infant Mental Health (CoAIMH) to strengthen the capacity of the early childhood workforce by providing a continuum of high-quality, consistent infant and early childhood mental health supports to children age birth to five and their families. Due to the pandemic, the series will be offered virtually through Zoom this year.

Session 1 – Sunday January 24th – 1:00-5:30pm

Intro to Infant and Early Childhood Mental Health
Cultural Responsiveness and Diversity Considerations

Session 2 – Wednesday, February 3rd - 5:45-8:15pm

Child and Family Development

Session 3 - Wednesday, February 17th - 5:45-8:15pm

Relationships

Session 4 – Wednesday, February 24th - 5:45-8:15pm

Building a Brain – Biology and Environment

Session 5 - Wednesday, March 3rd - 5:45-8:15pm

Early Adversity and Toxic Stress

Session 5 - Sunday, March 14th - 1:00-5:30pm

Reflective Practice
Self-Care

Facilitated by: Colorado Foundations Master Trainer
Sarah McNamee LCSW, MBA, IMH-E® Infant Mental Health
Mentor-Clinical, McNamee & Associates, LLC

NOTE: *Colorado Foundations* supports training competencies associated with the *Infant & Early Childhood Mental Health Endorsement® (IMH-E®)*.

Sponsored by:



And 2 Anonymous donors

DATES & TIMES

Sun. Jan. 24th : 1:00-5:30pm
Wed. Feb 3rd : 5:45-8:15pm
Wed. Feb.17th: 5:45-8:15pm
Wed. Feb 24th: 5:45-8:15pm
Wed. March 3rd: 5:45-8:15pm
Sun March 14th: 1:00-5:30pm

Virtual on ZOOM

COST: Free

**Earns certificate for
19 hours of Cont. Ed.**

*Qualifies for additional points as a series and high needs when applying for EC Professional Credential 2.0 on PDIS

To Register

Follow this [Link](#) to Register

Questions? Contact Judi at
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